

Starlines Residential Retreat Testimonials

Marlene M.

Starlines I has reawakened my desire to meditate and journey into realms I had never been before. I am excited to open up to new possibilities in Focus 34/35.

Elena G.

Starlines is an energetic and fascinating 6-day journey into meditative exploration of the deep space of our universe and how it connects with the inner space of our total selves. It invites us to open ourselves to the mind-bending perspective of the vastness of outer space and the miracles that dwell there... This is important work, indeed. I'm in deep gratitude to Bob Monroe, the creator of Hemi-Sync, Franceen King for listening to her guidance in the creation of this exemplary and life-changing program, and to The Monroe Institute, for creating safe space for all of us to continue our journey towards self-actualization and wholeness.

Andrea B.

My experience was almost indescribable. It was expansive, peaceful, loving, enlightening, and much, much more. I lost the notion of "me" and felt one with the galaxy. My spiritual awakening during Starlines I increased exponentially as I experienced firsthand the cosmic consciousness, identifying with our galaxy and beyond.

Gary C.

During Starlines, we "learned to travel the wave" into true Kosmic Consciousness, and what a ride it was! Our group moved in a parallel process from the Earth to the solar system to traveling the Milky Way. We dove into our galaxy cluster, touring superclusters of galaxies and finally venturing through the galactic core/star gate to what scientists now believe was the source of our Universe: The Great Attractor. Both our awareness of Focus levels and our I-There expanded. Through the Starlines process, we came to a profound understanding of the aphorism "As above, so below." Starlines delivers as a path to liberation and a portal opening into true Kosmic Consciousness.